

Sweat Gland Reduction - Treatment For 'Axillary Hyperhidrosis'

Many people suffer from excess sweat production under the armpit – known as 'axillary hyperhidrosis' Sweat occurs regardless of the season, time of day or physical activity.

There are medium term solutions offered by mild treatments for this annoying problem. One such possibility is an injection of botulinum toxin, a well known wrinkle treatment. This provides a degree of relief. A lasting solution involves sweat gland reduction (sweat gland suctioning), which uses the same principle as liposuction, however with special needles. This technique is only possible for the armpits, not for the feet or hands.

How does sweat gland reduction / suctioning work?

This outpatient procedure is performed under local anaesthetic. Two small incisions are made in the hair area under the armpit ...are filled with a soaked...are special solution, also containing the local anaesthetic. Then the sweat glands are suctioned using special thin needles. For two weeks following the procedures compression bandages are applied.

Post-operative care

The stitches from the incisions are removed after one week. Changes relating to the regulation of body temperature are not expected. The reduced sweat glands will not re-grow, so a lasting reduction of sweat production can be expected.

Sweat gland reduction - At a glance

Operation time:

- 2-3 hours

Post operative care:

- 2 weeks with compression bandages

Anaesthetic:

- local anaesthetic

Clinic stay:

- outpatient