

Endoscopic Brow Lift

This procedure is done to correct drooping brows and glabellar wrinkles and furrows of the forehead. Goal is to improve the often angry and tired facial expression. It may be performed alone or in combination with other rejuvenation procedures such as à facelift and à blepharoplasty. Occasionally, a positive influence on frequent headaches is noted.

Who is an appropriate candidate?

Females and males with drooping brows may benefit from this procedure. Furthermore, deep lines and furrows of the forehead are adequately addressed. Usually, this procedure is performed endoscopically. However, in patients with high or receding hairlines the "classic" forehead lift is considered.

Consultation

During the initial consultation your wishes and goals as well as possible reservations will be addressed in detail. Subsequently, a careful physical examination is conducted with particular emphasis on facial proportions and an individually tailored treatment plan formulated. Preoperative photographs are used for explaining the procedure in a step-by-step manner. Available procedures are then discussed including possible limitations and risks. Our goal is to provide you with a realistic image of what you can expect from such a procedure.

Procedure

This procedure is performed under general anesthesia on an in-patient basis using 4 short scalp incisions. Following insertion of an endoscope forehead skin and eyebrows are lifted and secured using sutures and two temporary fixation mini-screws. These are removed within a week. Scars are almost invisible. The procedure takes approx. 1,5 hours. The operation may be combined with various other facial procedures, most commonly with a SMAS lift or an endoscopic midface lift.

Postoperative Care

Patients may initially experience incision discomfort for several days. Complete resolution of swelling may take several weeks. Numbness may be experienced, which usually resolves within several weeks as well. Physical activities should be avoided for 2 weeks. Most patients are back to work in a week.

At a glance:

Length of procedure:

- Approx. 1,5 hours

Postoperative care:

- Reduced physical activities for 2 weeks
- Swelling may require several weeks for complete resolution

Anesthesia:

- General

In-patient stay:

- 2-3 days